

The Entourage Effect

Terpenes are present in most of the products we use like skincare and aroma based products. These are a core component of most of the essential oils we come across. Terpenes are compounds found in plants that give them taste, scent and flavor.

Cannabinoids such as CBD or CBG are two of the most popular cannabinoids among the users due to their non-psychoactive trait. This means that users can benefit from cannabis without their daily routines being affected by "getting high." It's a simple solution for many because it's available in various forms like oils, raisins, gummies, smokables and tinctures.

Cannabinoids and Terpenes both have benefits of their own. But once they combine, their potency is amplified. This is because labs have observed both CBD and Terpenes interact with the endocannabinoid system.

It is also due to their effect on the human CB2 receptors that are found primarily in the immune and gastrointestinal system and CB1 receptors, which are mainly found in the brain and nervous system. This process is called the "Entourage Effect."

Manufacturers enhance and customize their products to achieve the desired results in their products. When labs pair CBD, CBG, THCs and other cannabinoids with the targeted Terpenes, they can then achieve their targeted goals. Sometimes it is pain relief and sometimes it is a sleep aid. Many other purposes and benefits are being discovered daily.

This is why labs manufacture many different and popular designer strains out there. Cannabis has become one of the most common substitutes for heavy medications, mainly for those suffering from chronic pains and those who are trying to manage the side effects of cancer treatment.

CBD is a good alternative for THC because of its lack of psychoactive effects. Terpenes are not really water-soluble, but they mix well with Cannabis oils, making it very easy to be absorbed by our bodies.